

## ABSTRACT

Name : Desy Anggraeni Perwitasari  
Program Study : Public Health  
Title : Factors Associated With Exclusive Breastfeeding Giving  
By Mothers Who Have 6-12 Months at Puskesmas Duri  
Kosambi 2 West Jakarta In 2018

Exclusive breastfeeding is an attempt to obtain good growth and development of the baby, because breast milk contains all the nutritional needs and contains immune substances that can protect the baby. The coverage of exclusive breastfeeding at Puskesmas Duri Kosambi 2 West Jakarta in 2016 is still below the national target of the Indonesian government, which is 38.4%. The purpose of this study was to determine the factors associated with exclusive breastfeeding at Puskesmas Duri Kosambi 2 West Jakarta. The type of this research is quantitative analytic method with cross sectional approach with the respondents of mothers who have infants aged 6-12 months as many as 88 people with systematic random sampling method. The results of the study obtained the proportion of exclusive breastfeeding of 45.5%. Factors related to exclusive breast feeding at Puskesmas Duri Kosambi 2 were maternal attitude (p value = 0,011), mother's knowledge (p value = 0,000), exposure information (p value = 0,006), and husband support (p value = 0,019). Based on the results of the study it is advisable to increase training on exclusive breastfeeding for health workers, and to increase public knowledge through counseling to pregnant and lactating women.

Key Words : Exclusive Breastfeeding, Factors Associated

xv+64 pages; 2 pictures; 15 tables

Bibliography : 58 (2000-2016)